# THE ROAD TO COLLEGE

**INTRODUCTION:** A college degree is the key that opens the doors to a better way of life for our children. Even though obtaining a college education requires a lot of time, effort and careful planning by both the parent and the student, it is well worth the effort. A college education will provide your children with the skills and knowledge they will need throughout their life and will help them succeed in the career of their choice.

#### **QUESTIONS FOR REFLECTION:**

- When should parents begin thinking and talking about a college education with their children?
- What type of information do parents need in order to help their children prepare for college?
- What type of financial aid is available to help your child go to college?

#### PREPARING FOR COLLEGE

You don't have to wait until your child is in high school to start thinking about and preparing for college. To make sure that your child is prepared for college, you and your child should begin planning for college in middle school, or better yet, as early as elementary school. The earlier the better!



#### GOOD REASONS TO GO TO COLLEGE

A college or university education will greatly increase your child's opportunities for a better, more satisfying and productive life.

- 1. A better job: The world is changing rapidly and future jobs will be more competitive and will demand sophisticated technical skills. A college education will give your child more job and career options.
- 2. **More knowledge and skills:** A college education helps students to develop knowledge in many subjects as well as to develop specific career skills. They will be able to express themselves better, make better decisions, and have a better understanding of the world around them.
- 3. **Higher Salary:** People with a college education have higher annual salaries and lifetime earnings than those without a college degree (2001 US Census Bureau Statistics: Average annual income by education attainment. Non HS Graduate \$17,821; High School Graduate \$24,973; BA Degree \$45,929; Masters Degree \$68,525; Professional Degree \$101,727).

#### **COURSE REQUIREMENTS**

Beginning in 8<sup>th</sup> grade, the courses that students take begin to prepare them to meet college admission requirements. Students should enroll in college preparatory courses and pass them. Parents need to make sure that the high school classes their children take each semester prepare them to meet the **A-G Requirements** (previously known as the 4 Year Plan).

**The most rigorous courses prepare students to be admitted to the university!** Research shows that students that enroll in Algebra and Geometry early (end of 8<sup>th</sup> and 9<sup>th</sup> grade) have a greater probability of going on to the university than those who did not. They should also take Chemistry, Physics, Trigonometry, Honors and Advanced Placement (AP) courses in high school.

#### SCHOOL SUBJECTS REQUIRED FOR COLLEGE ADMISSION

**A-G Requirements** represent the **15** courses that students, who plan to attend college or university, must take from 9<sup>th</sup> through 12<sup>th</sup> grade. The following are the courses and the number of years each should be taken, to meet the admission requirements for the University of California (UC) and the California State University (CSU) systems.

| Subject:   | California State University<br>(CSU System, including SDSU) | University of Calif.<br>( <u>UC System)</u> |
|--|---|---|
| A. ENGLISH/COMPOSITION & LITERATURE  | <u>4 YEARS</u>  | <u>4 YEARS</u>                              |
| <b>B. MATHEMATICS</b><br>(Algebra 1, Geometry, Algebra 2<br>Calculus, Trigonometry, Statistics, and available<br>advanced Math courses). | <u>3 YEARS</u>  | <u>3 YEARS</u>                              |
| C. SOCIAL SCIENCE / US HISTORY   | <u>2 YEARS</u>  | <u>2 YEARS</u>                              |
| D. LABORATORY SCIENCE<br>(Biology, Chemistry, Physics)   | <u>2 YEARS</u>  | <u>2 YEARS</u>                              |
| E. LANGUAGE OTHER THAN ENGLISH   | <u>2 YEARS</u>  | <u>2 YEARS</u>                              |
| F. VISUAL AND PERFORMING ARTS<br>(Art, Dance, Drama, Music)  | <u>1 YEAR</u>   | <u>1 YEAR</u>                               |
| G.ELECTIVES FROM SUBJECTS LISTED ABOVE   | <u>1 YEAR**</u>   | <u>1 YEAR**</u>                             |

\*\*Must be chosen from approved academic courses in History, English, Advanced Mathematics, Lab Science, Foreign Language, Social Science, or Fine Arts. See Search Course lists at the University of California for approved courses at your High School.

(Requirements provided by the California Department of Education www.cde.ca.gov/shsd/hsgr/gradreq.html )

#### **EXAM REQUIREMENTS**

All students interested in attending a four-year college should take the **SAT** or **ACT** exams. The **PSAT** exam can help students practice for the SAT exam and they can take it in the 8<sup>th</sup> or 9<sup>th</sup> grade.

#### DID YOU KNOW YOUR CHILD COULD SAVE TIME AND MONEY?

High school students who have planned their schedules carefully may be eligible to take "Advanced Placement" (AP) classes. AP courses are college-level classes offered in high school in different subject areas. Through qualifying AP Exam grades, students have the opportunity to earn course credit and/or advanced placement at most colleges and universities, which will save them both time and money when they attend the university.

# THE IMPORTANCE OF GRADES (GPA)

Taking the **A-G Courses** is not the only college admission requirement; it is also crucial to maintain a high grade point average (GPA). The GPA is based on a 4.0 scale. It will help determine which type of school the student will be eligible to attend: University of California (UC), California State University (CSU), private college or university, or community college. Each grade has the following value: A = 4 points, B = 3 points, C = 2 points, D = 1 point and F = 0 points. Honors, International Baccalaureate (IB) and AP classes have a higher value per letter grade: A = 5 points, B = 4 points, C = 3 points, D = 2 points and F = 0 points. With Honors, AP or IB classes, the grade point average may be higher than 4.0.

### FINANCIAL AID

The cost of attending college may be very high, but this should not to keep a student from going to college. There are many types of financial aid. The following are the four basic types of financial assistance:

- **1. Scholarships:** Scholarships provide financial aid that does not have to be repaid by the student or parent. Students may be required to meet criteria other than financial need, such as, academic achievement.
- **2. Grants:** Grants are free. Qualifying high school graduates can receive financial assistance for college based on financial need and GPA.
- **3. Work-Study Programs:** Many students qualify for work-study programs, which allow them to work during the summer and/or part-time during the school year. The federal and state government and/or the institutions sponsor these programs.
- **4. Loans:** Loans are another type of financial aid and are available to both students and parents. Loans must be repaid over time, but they are offered at an interest rate lower than commercial loans.

#### **OTHER IMPORTANT FACTORS:**

- a) Participation in extra-curricular activities
- b) Development of good study skills
- c) Development of reading and writing skills
- d) Computer skills

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# How to put these ideas to practice...

- Visit your child's counselor several times a year. Let them know your child is planning to go to college. Ask for help in developing the four-year plan. Check at the beginning and end of each report card period to make sure that your child receives the help and support needed to stay on the college track!
- Talk to your children often about their future and your confidence in their ability to attend college.
- Go to all of the school meetings that provide information about college preparation, such as "College: Making it Happen" and career days.
- Make sure your child receives the support he or she needs to excel academically. Talk to your child's teachers in preschool, elementary, middle and high school. Let each teacher know that your child is college bound. Ask for their help to make sure that your child obtains good grades and receives social and emotional support.
- Take your children to visit your local college and university campus.
- Make sure that your children are doing their homework every day. Request tutors
  when your children are having difficulties. Encourage your children to get good grades
  and to take rigorous courses, to visit the library regularly and to participate in academic
  clubs, etc.
- Be aware of the dates for the SAT or ACT exams. Sign up early. Do not leave it for the last minute.
- Encourage your children to research all their financial aid options by visiting the high school career center, academic counselor, or the Internet. If they don't have a computer at home, they can go to the library or school computer lab. The more time they spend investigating their financial aid options, the greater the possibilities of finding the financial support needed for college.

# REMEMBER

# Planning for college starts in the elementary school years. Your children need your support to reach their goals.

Materials based on the Parent Institute for Quality Education Program in California

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တၢ်ကတိၤလၢညါ– ခီလ့ဉ်ကိုဒံၢကရံဉ်နှဉ်မှၢ်ဝဲနီဉ်တ်ခံလၢကအိးထိဉ်ပဲတြီလၢကျဲတၢ်အိဉ်မူလၢအဂ္ၢဒိဉ်ထိဉ်လၢပဖိတဖဉ်အဂ်ိါန္ဉဉ် လီး ထဲတဂ်ကမာန္၊ခ်ီလ္နဉ်ကိုအတဂ်ကူဉ်ဘဉ်ကူဉ်သ့န္နဉ်လိဉ်ဘဉ်ဝဲတာ်ဆာကတိၢိအါမး, တဂ်ဂုာ်ကျဲးစားဟ့ဉ်လီးသးစီးတာရဲဉ်တာ် ကျဲ၊လီးတံဂ်လီးဆဲးလာမိါပါဒီးကိုဖိခံခံခံကပ်၊လာာ်ဒီးတါအံးကြားလာတါကဟွဉ်တာ်ဆာကတိါဒီးမာအီးနှဉ်လီး- ခံလွဉ်ကိုတ်ကူဉ် ဘဉ်ကူဉ်သူနှဉ်ကဟွဉ်နဖိတဖဉ်ဒီးတာ်သူဉ်ညါနာ်ပၢာ်လာနကလိဉ်ဘဉ်အီၤလာနတာ်အိဉ်မှုဒီတစ်ၤဒီးကမၤစၢၤအီၤလာနကမၤနာၤတာ် လၢအသးသမူအတၢ်မၤလၢအၰထၢဝဲန္ဉ်လီၤ.

# တာ်သံကွာ်လာတာ်ခီဆာအဂ်ီ၊ –

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- မိၢိပၢဴတဖဉ်စးထီဉ်ဆိကမိဉ်တၢ်ဒီးတဲသကိးတၢဴဘဉ်ဃးအဖိအခီလှဉ်ကိုတၢဴကူဉ်ဘဉ်ကူဉ်သ့ဒီးအဖိသူအခါဖဲလဲဉ်.
- န်သီးမိါပါတဖဉ်ကမၤစၢၤအဖိလၢကတဲာ်ကတီၤသးလၢအဖိခံလှဉ်ကိုအဂ်ီ၊လိဉ်ဘဉ်ဝဲတါဂ့ါတါကျိုးန်လဲဉ်တဖဉ်လဲဉ်.
- ကျိဉ်စ့တာ်မာစားမနားတဖဉ်အိုဉ်လာကမာစားနှဖိကလားဆူခီလှဉ်ကိုနှဉ်လဲဉ်.

# တၢ်ကတ်ာကတီးသးလၢကလဲးဆူခ်ီလှဉ်ကို

တလိဉ်ဘဉ်နကဘဉ်ခ်ိးတူၤနဖိအိဉ်လ၊တီၤထီကိုလၢနကစးထီဉ်ဆိကမိဉ်ဘဉ်ဃးတၢ်ကတ်ာက တီးသးလ၊ကလဲးဆူခ်ီလှဉ်ကိုနှဉ်ဘဉ် လ၊တါကမၤလီးတံၢိနဖိနလံၤလ၊ကတဲဉ်ကတီးအသး လ၊ကလဲ၊ဆူခီလ့ဉ်ကိုအင်္ဂါ, န၊နီးနဖိကြားစးထိဉ်ရဲဉ်ကျဲ၊တါလ၊ခီလ့ဉ်ကိုဖဲတီ၊ခၢဉ်သးကို မ့တမ္နါ အဂူၤဇိဉ်ကတၢ႞တခဵဖဲအအိဉ်လၢခဵလ္ဉ်ကိုလီၤ. အဆိကတၢ႞အဂူၤကတၢ႞န္ဉ်ဂလီၤ.

# တၢ်ဂ္ခၢ်အဂၤတဖဉ်လၢကလၤဆူခ်ီလှဉ်ကို

ခ်ီလှဉ်ကို မ့တမ့်၊ ဖှဉ်စိမ်းအတဂ်ကူဉ်ဘဉ်ကူဉ်သ့ကမၤအါထီဉ်နဖိအတဂ်ခွဲးတဂ်ယာ်လၢအဂ္ဂၤ, လ၊အလီးသူဉ်မံသးမှာ်ဒီးအိဉ်ဒီးတဂ် သူတၢ်သဉ်ထိဉ်လၢအတၢ်အိဉ်မူအပူးန့ဉ်လီး.

၁) **တါမၤလၢအဂ္ၤ –** ဟီဉ်ခိဉ်အံၤဆီတလဲအသးချ့သဇံးဇီးတါမၤလၢခါဆူညါတဖဉ် တါကဘဉ်ပြၢလိာ်သးအါထီဉ်ဇီးကလိဉ်ဘဉ် တၢ်သ့တၢ်ဘဉ်လၢအဂ္ၤတဖဉ်န့ဉ်လီၤ. ခီလ့ဉ်ကိုအတၢ်ကူဉ်ဘဉ်ကူဉ်သ့ကဟ့ဉ်နဖိတဖဉ် တၢံဃုထၢလၢတာ်မၤဒီးသးသမူအတာဖံးတာ မၤတဖဉ်န့ဉ်လီၤ.

၂) **တၢ်သ့ဉ်ညါနာ်ပၢၢိနီးတၢ်သ့တၢ်ဘဉ်အါထီဉ် –** ခီလ့ဉ်ကိုတၢ်ကူဉ်ဘဉ်ကူဉ်သ့တဖဉ်ကမၤစၢၤကိုဖိတဖဉ်လၢကမၤ<sup>&</sup>ဉ်ထီဉ်အါထီဉ် အတၢ်သူဉ်ညါနာ်ပၢာ်လၢလံာ်အါဘူဉ်အပူးတကတိၢဴဃီလ၊ ကမၤဒိဉ်ထီဉ်အါထီဉ်သးသမူတၢ်ဖံးတာ်မၤအတာ်သုတာ်ဘဉ်တဖဉ်လီၤ. အဝဲသ့ဉ်ကဟ်ဖျဲထီဉ်ဘဉ်အသးဂုံးနှစ်အနူဉ်, ဟ်လီးတာ်ဆာတာ်လာအဂုံးဒိုဉ်ထီဉ်ဒီးအိဉ်ဒီးတာနာ်ပာၢ်ဟီဉ်ခိဉ်ချာလာအအိဉ်လာအက ပိဉ်ကပၤန့္ဉ်လီၤ.

၃) **ဟုဉ်အါထီဉ်လါလဲ –** ပုၤလၢအိဉ်ဇီးခီလ္ဉ်ကိုအတၢ်ကူဉ်ဘဉ်ကူဉ်သ့တဖဉ်အိဉ်ဇီးတနံဉ်တလါအလါလဲလၢအအါဇီးသးသမူဇီစိၤ တာ်ဟဲနှာ်လာအအါန္နာ်ပူးလာတအိုဉ်စီးခီလှဉ်စံာကရံဉ်တဖဉ်နှဉ်ဘဉ်လီး. (၂၀၀၁ US Census Bureau US တာ်ထာစရီတာ်ကရာ ကရိအတၢ်ဂံ၊တာ်ဒူး) ဒီတနံဉ်အတာ်ဟဲနှာ်ခီဖိုတာ်ကူဉ်ဘဉ်ကူဉ်သူတကပၤန္နဉ်လီၤ. ပုၤလၢတဖိုတီၤထီကို ဒီလဉ် ၁၇, ၈၂၁, ပုၤဖို တီးထီကိုနီလဉ် ၂၄, ၉၇, ပုံးဖိုဘံာ်အ့ဉ်ငံာကရံဉ်နီလဉ် ၄၅, ၉၂၉, မးစထာဉ်ငံာကရံဉ်နီလဉ် ၆၈, ၅၂၅, ပုံးဖိုင်္ဒကရံဉ်လီးဆီနီ လဉ် ၁၀၁, ၇၂၇) နှဉ်လီး.

ເວັ



# <u>တၢ်မၤလိအတၢ်လိဉ်ဘဉ်တဖဉ်</u>

စးထိဉ်လ၊ ၈ တီးနှဉ်, တာ်မးလိလ၊ပုၢကိုဖိထိဉ်တဖဉ်, စးထိဉ်ကတဲာ်ကတီးနှံးအဝဲသ့ဉ်လ၊ကမၤဘဉ်လိာ်ဖိးမံလိာ်အသးဒီး တာ် နာ်လီးခီလ့ဉ်ကိုအတာ်လိဉ်ဘဉ်တဖဉ်နှဉ်လီး. ကိုဖိတဖဉ်ကြားဆဲးလီးမံးလ၊တာ်ကတာ်ကတီးသးလ၊ခီလ့ဉ်ကိုတာ်မၤလိတဖဉ်ဒီးမၤ ဖိုအသးလ၊တာ်ဒိးစဲးတဖဉ်နှဉ်လီး. မိာ်ပာ်တဖဉ်ကြားမၤလီးတာ်လ၊တီးထီကိုတာ်မၤလိလ၊အဝဲသ့ဉ်အဖိတဖဉ်ထိဉ်ဝဲကိုးတာ်မၤလိအ ဆၢကတာ်နှဉ်ကတာ်ကတီးအဝဲသ့ဉ်လ၊ကမၤပှဲးဝဲတာ်လိဉ်ဘဉ်တဖဉ် (လ၊ညါတာ်သဲ့ဉ်ညါအီးလ၊လ၊ ၄ နံဉ်တာ်ရဲဉ်တာ်ကျဲ၊) လီး.

## တာ်မၤလိလာတာ်သိဉ်လိအီးယံးဃံးတဖဉ်နှဉ်ကတဲာ်ကတီးကိုဖိတဖဉ်လာကနှင်လီးဆူဖွဉ်စိမိးအင်္ဂါလီး!

တာ်ဃုသ္ဝညါတဖဉ်ဟိုမျဲထိုဉ်ဝဲလ်၊ကိုဖိလ၊အဆဲးလီးအမ်ိဳးလ၊ကမၤလိ အဲလ်ကွံဉ်ဘြဉ်နီးကိုမထြံဉ်ဆိဆိ (၈ တီးအကတၢါနီး ၉ တီးအခ်ိဉ်ထံးတဖဉ်) အိဉ်နီးတာ်နွဲးတာ်ယာ်အဂ္ဂၤလ၊ကလဲးဘဉ်ဆူဖွဉ်စိမ်းနိဉ်နှုံးနံးမှာလ၊အတလဲးတဖဉ်လီး. အဝဲသ့ဉ်တဖဉ်ကြား ဟံးနှုံဝဲ Chemistry, Physics, Trigonometry, Honors and Advance Placement (AP) တာ်မၤလိတ ဖဉ်လ၊တီးထီကိုန္ဉဝ်လီး.

#### ကိုအလံာ်အလဲဂလ၊တဂ်လိဉ်ဘဉ်လ၊တာ်နုဉ်လီးခီလ္ဥာကိုအင်္ဂါ

A-G တၢိလိဉ်ဘဉ်တဖဉ် နှဉ်မှါတါမၤလိ် ၁၅ ဘျီလၢကိုဖိလၢအရဲဉ်ကျဲၤလၢကလ်ၤထိဉ်ဆူခ်ီလဲ့ဉ်ကို မ့တမ့်၊ ဖွဉ်စိမိၤတဖဉ်ကဘဉ် ထိဉ်ဝဲဖဲအအိဉ်လ၊ ၉ တီၤ ဒီး ၁၂ တီးအခါန့ဉ်လီၤ. တါလၢလာ်တဖဉ်အံးမ့်၊ဝဲတါမၤလိဒီးနံဉ်လ၊တါကဘဉ်မၤလိတါ်ဒ်သိးကမၤ လၢပဲ့းတါနုဉ်လီးခဉ်လံဖိနံယါဖွဉ်စိမိၤ (University of California – UC) ဒီးခဉ်လံဖိနံယါကီါစဉ်ဖွဉ်စိမိၤ (California State University-CSU) တဖဉ်နှဉ်လီၤ.

| <u> </u>   | <u>California State University</u><br>(CSU အကျိုးအကျဲ, ပဉ်ဃုဉ်ဒီး SDSU)  | University of Calif.<br>( <u>UC အကျိုးအကျဲ)</u> |
|--|--|---|
| <u>က. အဲကလံးကျိဉ်/ အက္ခါအဂီးဇီးလံဉ်လဲ၊</u>   | <del>حَةْ ج</del>  | <u>၄ နံဉ်</u>                                   |
| <u>ဓ. တာ်နွး</u><br>အဲလ်က္ခံဘြဉ် ၁, ကွီမထြံဉ်, အဲလ်က္ခံဘြဉ် ၂, တၢဂံၢိတာ်ဒူး<br>ခၢခယူလၢးစ်, ထြံဉ်ကိဉ်နီမထြံဉ်, တၢဂံၢိတာ်ဒူးတာ<br>(Statistics), ဒီးတာ်ဒူးလၢအပတိၢိထိတဖဉ်) | <del>کِ اُجْ ک</del>   | <del>၃ နံ</del> ှိ                              |
| <u>ဂ. ပု၊ဂ္ဂါဝီစဲအ့ဉ်/ US အတါစံဉ်စိၤတဲစ်၊</u>  | المعالم المعالية الم | ၂ နံ <u>်</u>                                   |
| <u>ဃ. တာ်မးကွာ်ဒး စဲအ့ဉ်</u><br>(Biology, Chemistry, Physics)  | <del>ا أمْ ل</del>   | Jåp   |
| င္. ကိုဉ်လ၊ တမ္၊် အဲကလံးကိုဉ်  | ၂ န <del>ံ</del> နိ  | ၂ နံဉ်  |
| <u>စ. ဒွဲလၤဆဲးလၤ (VISUAL AND PERFORMING ARTS)</u><br>(ဒွဲလၤ, တၢ်ဂဲၤကလံဉ်, တာ်ပွးဒိပ္စးတဲဉ်, တာ်သူဉ်ဝံဉ်သးဆၢ)   | <u>၁ နံ</u> ၌  | <u>ع څ</u>                                      |
| ဆ. တာ်ဃုထၢလၢလံာ်လ၊တာ်ဟ်ဖျါအီးလ၊ထးတဖဉ်  | <u>ਤ နံ၌**</u>   | <u>၁ နံဉ်**</u>                                 |

\*\*တၢ်ကဘဉ်ယုထၢအီၤလ၊တၢ်မၤလိလ၊ အမ့ၢ်တၢံစံဉ်စိၤတဲစိၤ, အဲကလံး, တၢ်ဒူးပတိၢ်ထီ, တၢ်မၤကွာ်ၢေးစဲအ့ဉ်, ကိၢံချာအကိုဉ်, ပှၤဂ့ၢ်ဝိစဲအ့ဉ်, မ့တမ့ၢ် တၢ်ဆဲးတၢ်လၤ(Fine Arts) တဖဉ်လီၤ. ကွာ်တာ်ယုတာ်မၤလိအစရီလာအအိဉ်လၢ University of California လၢကထံဉ်န္နာ်တာ်မၤလိလ၊တာ် တူၤ်လိာ်အီၤလၢနတီၤထီကိုတက္ၢ်.

(တာ်လိဉ်ဘဉ်တဖဉ်ဘဉ်တာ်ဟ္ဉ်အီၤလၢ California Department of Education <u>www.cde.ca.gov/shsd/hsgr/gradreq.html</u> )

#### <u>တၢိန်းစဲးအတၢ်လိဉ်ဘဉ်တဖဉ်</u>

ပု၊ကိုဖိကိးဂၤလၢအသးစဲလၢကထိဉ်ခီလှဉ်ကိုလွှုံးနံဉ်တဖဉ်ကြားဒိးစဲးဝဲ SAT မဲ့တမ့်၊ ACT တၢိန်းစဲးတဖဉ်န့ဉ်လီၤ. တၢိန်းစဲးလၢ အနိးစဲးတဲ့၊ PSAT တၢိန်းစဲးတဖဉ်ကြားမၤစၢၤကိုဖိတဖဉ်လ၊ ကမၤလိသ့အသးလ၊ SAT တၢိန်းစဲးနီး နိးစဲးဝဲလ၊ ၈ တီၤ မဲ့တမ့်၊ ၉ တီၤတဖဉ်သဲ့ဝဲန္ဉ်ာလီၤ.

# မ့်္နေသ့ဉ်ညါလၢနဖိကတီးတၢ်ဆၢကတိၢိဳးစ့သ့ဓါ.

ပု၊တီးထိက္ခိဖိတဖဉ်လ၊အရဲဉ်ကျဲးတာလ၊အတ်ရဲဉ်တာကျဲးဂုးဂုးတဖဉ်, နှုံးအခွဲးလ၊ကမၤလိဘဉ်"Advanced Placement" (AP) အတာမၤလိန္ဉာလီး. AP တာမၤတာမၤလိတီးတဖဉ်မှာ်ဝဲလ၊ခီလှဉ်က္ခိအပတီာအဂ်ီ၊လ၊တာ်ဟ္ဉာလီးအီးလ၊တီးထိက္ခိလ၊လီ၊ကဝီးတ ဖဉ်အပူးအဂ်ီ၊န္နာလီး. ခီဖိုတာ်ဖိုထိဉ် AP တာဒိႏစံးအပတီာအယိ, ကိုဖိတဖဉ်အိဉ်ဒီးတာခွဲးတာ်ယာ်လ၊ကမၤန့ာ်တာမၤလိအမးဒီး/ မှ တမ့်၊နုဉ်လီးဆီလ၊ခီလ္ဉာက္ခိအဖြူဉ်ဒီးဖွဉ်စိမိးအဖြူဉ်အပူး, လ၊အကကဝီးန္နာ်အဝဲသ့ဉ်လ၊တာ်ဆာကတိာဒီးကျိဉ်စ့ခံမံးလာဉ် ဖဲအ ထိဉ် ဖွဉ်စိမိးအခါန္နာလီး.

# တၢ်အမးတဖဉ်အရှဒိဉ်အဂ္ဂၢ (GPA)

တာ်ထီဉ် A-G တာမၤလိတမဉ် နူဉ်တမဲ့၊တာနုဉ်လီးခီလ္ဉဉ်က္ခိအတာ်လိဉ်ဘဉ်ထဲတမံးမ်ိဳးဘဉ်, အရူနိဉ်စုာ်ကီးလာတာ်ကမၤန္နာ်အမ်း (GPA) လာအဂ္ဂာတမ်ာနူဉ်လီး. GPA နူဉ်နီးသန္ရာထီဉ်အသးလာအမာစက္ ၄.၀ အဖီခိဉ်နူဉ်လီး. တာ်အံးကဆာတာ်စားဝဲကိုဖိတမဉ် ကြားထီဉ်ကိုန်လဲဉ်တကလုဉ်န်အမဲ့၊ – University of California (UC), California State University (CSU), နိhကစစ်အခီလ္ဉ်ကို မဲ့တမဲ့၊ ဖွဉ်စိမိး မဲ့တမဲ့၊ ပုဒ္ဓာဝာခီလ္ဉ်ကိုတမဉ်နူဉ်လီး. အမာတမဉ်အိဉ်နီးအလာ်အပူဒတမဉ်န်အမဲ့၊ A=၄ မဲး, B=၃ မဲး, C=၂ မဲး, D=၁ မဲးနီး F= ၀ မဲးနူဉ်လီး. တာမ်းလိ Honors, International Baccalaureate (IB) နီး AP တာမ်းလိတမဉ် အိဉ်နီးအလာ်အ ပူးအါအါနူဉ်လီး. A= ၅ မဲး, B= ၄ မဲး, C=၂ မဲး, D=၁ မဲးနီး F= ၀ မ်းနူဉ်လီး. ပူးလာအမ်းလိ Honors, AP မဲ့တမဲ့၊ IB အတီးတမဉ်နူဉ်, အမ်းအပတိာကအါနဲ့၊ ၄.၀ နူဉ်လီး.

# ကျိဉ်စ့တၢ်မးစၢၤ

တၢ်ထိဉ်ခီလှဉ်ကိုအတၢ်လာ်ဘူဉ်လာ်စ္၊နူဉ် ဘဉ်သ့ဉ်သ့ဉ်ကအါဝဲဘဉ်ဆဉ်တာ်အံ၊တကြားဟ်ကပၤကွံာ်မှ၊ကိုဖိလ၊ကထိဉ်ခီလ့ဉ်ကို ဘဉ်• ကျိဉ်စ့တာ်ဆီဉ်ထွဲမ၊စၢ၊အိဉ်အကလုာ်ကလုာ်လီ၊• တာ်လ၊လာ်တဖဉ်မ့ာ်ဝဲ တာ်မ၊စၢၤလ၊ကျိဉ်စ့အင်္ဂါခီဉ်ထံး ၄ ကလုာ်နူဉ် လီ၊•

**၁. တါဟ့ဉ်ပှးကိုဖိကူဉ်သ့ဆီဉ်ထွဲတါမးစၢ၊** – ကူဉ်သ့ဆီဉ်ထွဲတါမးစၢးတဖဉ်ဟ့ဉ်ဝဲကျိဉ်စ့တါမးစၢးလ၊တလိဉ်ဘဉ်တါဟ့ဉ်က္၊ အီးလ၊ပှးကိုဖိ မ့တမ့ၢ မိါပါဘဉ်လီး. ကိုဖိတဖဉ်ကဘဉ်မးလ၊ပှဲးတါလိဉ်ဘဉ်လ၊တမ့ာ်ထဲအလိဉ်ဘဉ်ကျိဉ်စ့ဘဉ်<sup>စွ</sup>းအတါမၤလိစ့ါ ကီးကဘဉ်ဂ့၊ဝဲလီး.

၂. တါဟ့ဉ်ကျိဉ်စ့တါမၤစၢၤ – တါဟ့ဉ်ကျိဉ်စ့တါမၤစၢၤတဖဉ်မ့ါ်တါထီဉ်ဘဉ်ကိုကလီကလီလီၤ. တီၤထီကိုဖိလၢအမၤန့ါကျိဉ်စ့တါ မၤစၢၤစၢၤသ့တဖဉ်မၤန့ါကျိဉ်စ့တါမၤစၢၤလၢကထီဉ်ခီလ့ဉ်ကိုအဂီါ်ဒီးသန့ၤထီဉ်အသးလၢ ကျိဉ်စ့တါလိဉ်ဘဉ်ဒီး GPA အဖီခိဉ်လီၤ.

၃. တါမၤတါ – မၤလိတါအတါရဲဉ်တါကျဲၤ – ကိုဖိလၢအမၤန့ါတါမၤတါ – မၤလိတါအတါရဲဉ်တါကျဲၤတဖဉ်န့ဉ် တါဟ့ဉ်အီၤအ ခွဲးလၢကမၤတါလၢမုါဆါခီဒီး/မ့တမ့်၊ မၤတါလၢကတိါခီဖး (စမေအအြင်္ဘန) ဖဲတါမၤလိနံဉ်အတိါပူၤန့ဉ်လီၤ. ဖဲဉ်ဒရဲဉ်ဒီးကိါစဲဉ် ပဒိဉ်ဒီး/မ့တမ့်၊ ကိုတါကရၢကရိတဖဉ်ဆိဉ်ထွဲမၤစၢၤတါရဲဉ်တါကျဲၤအံၤလီၤ.

၄. တါဟ္ဉါလိၢ်စ္ – တၢ်ဟ္ဉါလိၢ်စ္ဝာဖဉ်မ္၊်ဝဲ ကျိဉ်စ့တာ်မၤစၢၤအဂၤတမံၤဒီးတာ်ဟ္ဉါအီၤလၢကိုဖိဒီးမိာ်ပါခံကလုာ်လာာ်အင်္ဂါလီၤ. စ ဟ့ဉ်လိၢ်တဖဉ်တာ်ကဘဉ်က္ၤဟ့ဉ်အီၤလၢအဆၢကတိၢ်ဒီးစ့အအ့ဉ်တဖဉ် တာ်ကဘဉ်ဟ့ဉ်အီၤစုၤန့ာ်ဒံးမုာ်ကျိၤဝဲၤကွာ်အစ္နဟ့ဉ်လိၢ်တ ဖဉ်န့ဉ်လီၤ.

# <u>တဂ်ဂုံအရှုဒိဉ်အဂၤတဖဉ်</u>

က. ပဉ်ဃုာ်မၤသကိးတၢလၤလံာ်ညိဉ်သိဉ်<sup>8</sup>ဉ်အတၢ်ဟူးတၢဂဲၤအချာတဖဉ် ခ. တါမၤ<sup>8</sup>ဉ်ထီဉ်လဲၤထီဉ်တာ်မၤလိတာ်အတာ်သဲ့တာ်ဘဉ်လၢအဂဲ့ၤ ဂ. တာ်မၤ<sup>8</sup>ဉ်ထီဉ်လဲၤထီဉ်တာ်ဖးလံာ်ဖးလဲာ်ဒီးတာ်ကွဲးလံာ်အတာ်သဲ့တာ်ဘဉ် ဃ. ခီဉ်ဖ္ခူထၢဉ်အတာ်သဲ့တာ်ဘဉ်



# တၢ်ကဘဉ်ထၤနုဉ်လီးတၢ်ဆိကမိဉ်တဖဉ်ဆူတၢ်မၤ…

- လဲၤပားဆူနဖိအၦၤဟၞၣ်ကူၣ်တာ်အအိဉ်တနံဉ်အါဘျီတကၟၢ်. ဇူးသၟၣ်ညါအီၤလာနဖိဟ်အသးလာကလဲၤထီၣခ်ီလၞၣ်ကို နေ့ဉ်လီၤ. ဃ့တာ်မၤစၢၤလာနကဇူးအိဉ်ထီဉ်လွှာ်နံဉ်အတာ်ကျဲၤတကၟၢ်. သမံသမိးကွာ်တာ်ဆာ ထီဉ်တာ်အစာအလံာ်ဟ်ဖျာ (report card) အခ်ိဉ်ထံးဒီးအကတာာ်င်သိးနကမၤလီၤတာ်နဖိမၤနေ့ာ်တာ်မၤစၢၤလာကအိဉ်လာတာ်ထီဉ်ဘဉ်ခ်ီလၞဉ်ကိုအကျဲ အဖီခ်ိဉ်နေ့ဉ်လီၤ.!
- တဲသကိုးတာနီးနဖိတဖဉ်ခဲ့အံုခဲ့အံုာဘ်ယူးအဝဲသ့ဉ်အတာအိုဉ်မူခါဆူညါနီးနတာနာ်လာအဝဲသ့ဉ်အိုဉ်နီး ကားအစီ လာ ကထီဉ်ခီလ့ဉ်ကိုတဖဉ်နှင့်လီ၊.
- လဲးဆူကိုအတာ်အိန်ဖိုန်ကိုးဘိုန်းနီးဟုန်တာ်ဂုံ၊တာ်ကျိုးတာ်ကစီန်ဘန်ယံး တာ်ကတာ်ကတီးလာကလဲးဆူခီလှန်ကို န်အမှာ် "ခီလှန်ကို – မာတုံနထီန်ဘန် College-Make it Happen" နီးတာ်လုာ်အီန်သံးသမူအမုာ်နံးတဖန်လီး.
- မၤလီးတံၢိလၢနဖိမၤန္နာ်တာဆီဉ်ထွဲမၤစၢၤလာအလိဉ်ဘဉ်ဝဲလာတာမၤလိုလ်ာကကဲထီဉ်ကဲထီအင်္ဂါတက္ ေတဲသကိုးတာ ဒီးနဖိအသရဉ်လာကတီးဆိက္ခ်ိ, တီးဖုဉ်က္ခ်ိ, တီးခၢဉ်သးဒီးတီးထီကိုတဖဉ်နှဉ်လီး. ပျဲနဖိအကိုသရဉ်တဂၤစုဉ်စုဉ် သ့ဉ် ညာလၤနဖိတဖဉ်ကဘဉ်လဲးဆူခ်ီလဲ့ဉ်က္ခိန္ဉ်တက္ ေဃ့န့ာ်တာမၤစားလာအအိဉ်လာကမၤလီးတံာ်ဝဲလာနဖိကမၤန့ာ် အပ တီးလာအဂ္ဒာဒီးမၤန့ာ်တာဆိဉ်ထွဲလာမှာဂ္ဂါဝီဒီးသႏၵ္ဂါဝီတကပၤန္နာလီး.
- လဲၤကိးနဖိဆူကလဲၤဆူလီၢက၀ီးခ်ီလ့ဉ်ကို<sup>ဒွ</sup>ီးဖွဉ်စိမိၤအကရၢၢဴတဖဉ်န့ဉ်တက္ၢ်.
- မၤလီၤတံၢလၢနဖိတဖဉ်မၤအဟံဉ်တာ်မၤကိးနံၤဇဲးနံ့ဉ်တက္နာ်၊ နဖိတဖဉ်မှာ်အိဉ်ဇီးတာ်ကီတာ်ခဲနံ့ဉ်ဃံ့ထီဉ်သရဉ်သိဉ်လိ လီးဆီတာ်တက္နာ်၊ ဟဲ့ဉ်က်၊ဟဲ့ဉ်ဘာါနဖိလာကမၤနံ့ာအပတိာ်လာအဂူၤဇီးကထီဉ်တာ်မၤလိလာသိဉ်လိဃံးထီဉ်အီးတာ်, လဲၤ ဆူလံဉ်ရိဧားထီဘိနီးပဉ်ဃုဉ်မၤသကိးတာ်လာတာမၤလိလံဉ်လာအခဲနမာ်အချား(ဘ်)နီးအဂၤတဖဉ်တ ကာ့်၊.
- ဟ်သူဉ်ဟ်သးလ၊မုၢ်နံ၊မုာ်သီလ၊အအိဉ်လ၊ SAT မ့တမ့ာ် ACT တာ်ဒိုးစုံးတဖဉ်အင်္ဂါတက္နာ်. လဲ၊ဆုံးလီ၊မံ၊ဆိုဆိတ ကွာ်. တဘဉ်ဟ်အီ၊လ၊နကလဲ၊ဖဲတာ်ဆ၊ကတိာ်ဘူးကတု၊နှဉ်တဂု၊.
- ဟ့ဉ်ဂံ၊ဟ့ဉ်ဘါနဖိလၢကၰန္၊အကစၢ်ၭၣဝဲအကျိဉ်စ့တာဆီဉ်ထွဲအတာ်ဃုထာတမဉ်ခီဖို တာ်လဲ၊ ဟးဆူတီ၊ထီကိုတာဖံး တာ်မာအစဲထာဉ်, ကိုသရဉ်လာအဟ့ဉ်ကူဉ်တာ်တမဉ် မဲ့တမဲ့၊ လာအဲ့ထာဉ်နဲးအဖီခိဉ်န့ဉ်လီ၊. အဝဲသ့ဉ်အခီဉ်ဖွူထာဉ်း၊ လာဟံဉ်မဲ့ဂ်တအိဉ်ဘဉ်န့ဉ် လဲ၊ဆူကိုအလံာ်ရိး၊း မဲ့တမဲ့၊ ကိုအခီဉ်ဖွူထာဉ်း၊းတမဉ်န့ဉ်လီ၊. ဒ်အဝဲသူတာ်ဆာကတီာ လာကၰသ့ဉ်ညါကျိဉ်စဲ့တာ်မာစာ၊ေးအာါ, အခွဲးအယာ်ကဒံးအိဉ်လာကၰကျိဉ်စဲ့တာ်မာစာ၊လာအလိဉ်ဘဉ်ဝဲလာ ခီလဲ့ဉ် ကိုအင်္ဂါန့ဉ်လီ၊.

သ့ဉ်နီဉ်ထီဉ် တါရဲဉ်တါကျဲ၊လၢခီလ့ဉ်ကိုအဂိါစးထီဉ်လ၊တီ၊ဖုဉ်ကိုတါမ၊လိနံဉ်တဖဉ်န့ဉ်လီ၊ နဖိတဖဉ်လိဉ်ဘဉ်နတါဆီဉ်ထွဲမ၊စၢ၊လၢကတု၊ထီဉ်ဘးအတါပညိဉ်န့ဉ်လီ၊